

Happy Thanksgiving

HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU

November 2020

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday - 2	Tuesday - 3	Wednesday - 4	Thursday - 5	Friday - 6
	Eggo Blueberry Mini Pancakes Cereal	Chocolate-Chocolate Chip Muffin Cereal	Breakfast Sausage Pizza Cereal	Cinnamon Glazed French Toast Sticks Cereal
Monday - 9	Tuesday - 10	Wednesday - 11	Thursday - 12	Friday - 13
	Sausage Breakfast Bites Cereal	Mini Honeybun Popcorn Chicken Cereal	Bacon and Egg on a Croissant Cereal	Sausage Biscuit Cereal
Monday - 16	Tuesday - 17	Wednesday - 18	Thursday - 19	Friday - 20
	Biscuit Gravy Cereal	Soft Filled Cinnamon Toast Crunch Bar Cereal	Scrambled Egg Biscuit Cereal	Pop-Tart Chicken Rings Cereal

Thanksgiving Break November 23 - 2, 2020

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

Breakfast Meal Pattern

- 1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)
- 1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met
- 1 cup Fruit daily (5 cups weekly)
- 1 cup Milk daily (5 cups per week)

Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.

