

BACK TO SCHOOL

HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU

August 2021

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday - 2	Tuesday - 3	Wednesday - 4	Thursday - 5	Friday - 6
Eggo Mini French Toast Bites Cereal	Eggo Mini French Toast Bites Cereal	Cinnamon Roll Cereal	Breakfast Sausage Pizza Cereal	Pancake Dippers Cereal
Monday - 9	Tuesday - 10	Wednesday - 11	Thursday - 12	Friday - 13
Cinnamon Glazed French Toast Sticks Cereal	Sausage Biscuit Cereal	Mini Honeybun Popcorn Chicken Cereal	Egg and Cheese Biscuit Cereal	Funnel Cake Waffle Cereal
Monday - 16	Tuesday - 17	Wednesday - 18	Thursday - 19	Friday - 20
Biscuit Gravy Cereal	Bacon and Egg on a Croissant Cereal	Cinnamon Toast Crunch Soft Filled Bar Cereal	Breakfast Flatbread Cereal	Scrambled Egg Biscuit Cereal
Monday - 23	Tuesday - 24	Wednesday - 25	Thursday - 26	Friday - 27
Mini Bagels Cereal	Nutrigrain Bar Cereal	Eggo Mini Blueberry Pancakes Cereal	Cocoa Puffs Soft Filled Bar Cereal	Lemon Bread Slice Cereal

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

Breakfast Meal Pattern

1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)

1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met

1 cup Fruit daily (5 cups weekly)

1 cup Milk daily (5 cups per week)

Milk Choices:

1/2 pint lowfat (1%) white milk

1/2 pint fat free 0% white milk

1/2 pint fat free 0% chocolate milk

This institution is an equal opportunity provider.

