

Happy Thanksgiving

HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU

November 2021

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday – 1	Tuesday - 2	Wednesday - 3	Thursday - 4	Friday - 5
Cocoa Puffs Soft Filled Pastry	Pop-Tart Cereal	Mini Cinnis Cereal	Breakfast Sausage Pizza Cereal	Biscuit Gravy Cereal
Monday - 8	Tuesday -9	Wednesday - 10	Thursday - 11	Friday - 12
Chocolate Chip Muffin Cereal	Chicken Biscuit Cereal	Cinnamon Roll Cereal	Eggo Mini Confetti or Blueberry Pancakes Cereal	Breakfast Sausage Pizza Cereal
Monday - 15	Tuesday - 16	Wednesday - 17	Thursday - 18	Friday – 19
Cinnamon Glazed French Toast Sticks Cereal	Sausage Biscuit Cereal	Mini Honeybun Popcorn Chicken Cereal	Egg and Cheese Biscuit Cereal	Funnel Cake Waffle Cereal

Thanksgiving Break November 22 – 26, 2021

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

Breakfast Meal Pattern

- 1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)
- 1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met
- 1 cup Fruit daily (5 cups weekly)
- 1 cup Milk daily (5 cups per week)

Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.

