



HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU
 May 2022

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday - 2	Tuesday - 3	Wednesday - 4	Thursday - 5	Friday - 6
Cinni Mini Rush French Toast Cereal	Sausage Biscuit Cereal	Mini Honeybun Popcorn Chicken Cereal	Egg and Cheese Biscuit Cereal	Funnel Cake Waffle Cereal
Monday - 9	Tuesday - 10	Wednesday - 11	Thursday - 12	Friday - 13
Biscuit Gravy Cereal	Manager's Choice Cereal	Breakfast Flatbread or Pizza Cereal	Manager's Choice Cereal	Manager's Choice Cereal
Monday - 16	Tuesday - 17	Wednesday - 18	Thursday - 19	Friday - 20
Manager's Choice Cereal	Manager's Choice Cereal	Eggoji Waffles Cereal	Manager's Choice Cereal	Pop-Tart Cereal

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

Breakfast Meal Pattern

Milk Choices:

1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)

1/2 pint lowfat (1%) white milk

1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met

1/2 pint fat free 0% white milk

1 cup Fruit daily (5 cups weekly)

1/2 pint fat free 0% chocolate milk

1 cup Milk daily (5 cups per week)

1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.

