

HARDIN COUNTY MIDDLE SCHOOL MENUS

May 2 - 6, 2022

MONDAY - 2	TUESDAY - 3	WEDNESDAY - 4	THURSDAY - 5	FRIDAY - 6
Beefy Doritos Taco	Oven Baked Breaded Chicken Southern Style Biscuit	Spaghetti with Meat Sauce Garlic Breadstick	Cheesy Bread Pull Aparts	Chicken Tenders Sister Schubert Roll
Breaded Steak Sandwich	Pizza Max Sticks	Popcorn Chicken Sister Schubert Roll	Breaded Chicken Sandwich	Hot Dog on a Bun
PB&J Mini Tiger Paw Pak	PB&J Mini Tiger Paw Pak	PB&J Mini Tiger Paw Pak	PB&J Mini Tiger Paw Pak	PB&J Mini Tiger Paw Pak
1/2 cup Whole Kernel Corn	1/2 cup Mashed Potatoes with Gravy	1/2 cup Baked Potato	1/2 cup Whole Kernel Corn	1/2 cup Infinity Fries
1/2 cup Pinto Beans	1/2 cup Glazed Baby Carrots	1/2 cup Seasoned Green Beans	1/2 cup Crunchy Veggie Bites	1/2 cup Broccoli with Cheese
1 1/8 cups Tossed Salad	1 1/8 cups Tossed Salad	1 1/8 cups Tossed Salad	1 1/8 cups Tossed Salad	1 1/8 cups Tossed Salad
1/2 cup Strawberry Applesauce	1/2 cup Fruit with Jello	1/2 cup Strawberries and Bananas	1/2 cup Frozen Fruit Cup	1/2 cup Strawberry Applesauce
1/2 cup Orange Wedges	1 whole Apple	1 whole Banana	1 whole Apple	1/2 cup Sliced Peaches
1/2 pint Milk	1/2 pint Milk	1/2 pint Milk	1/2 pint Milk	1/2 pint Milk

Lettuce, Tomato, Onion and Pickle offered daily

Lunch Meal Pattern

1 oz. meat/meat alternate daily (9 oz. minimum per week)
 1 oz. equivalent grain daily (8 oz. eq. minimum per week)
 3/4 cup of vegetable daily (3 3/4 cups per week)
 1/2 cup of vegetable daily (2 1/2 cups per week)
 1 cup milk daily (5 cups per week)

4 oz. 100% Fruit Juice and
 1/2 cup 100% Frozen Fruit Juice
 offered Tuesday and Thursday
 as a fruit choice

Milk Choices:

1/2 pint lowfat 1% white milk
 1/2 pint fat free 0% white milk
 1/2 pint fat free 0% chocolate milk
 1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.

HARDIN COUNTY MIDDLE SCHOOL MENUS

May 9 -13, 2022

MONDAY - 9	TUESDAY - 10	WEDNESDAY - 11	THURSDAY - 12	FRIDAY - 13
Cheesy Chicken Nachos Mexican Rice	Popcorn Chicken Sister Schubert Roll	Stuffed Crust Sausage Pizza	Beef Taco on a Soft Shell Tortilla Cheese, Lettuce & Tomato	Chicken Tenders Sister Schubert Roll
Grilled Chicken Sandwich	Breaded Steak Sandwich	Spaghetti Garlic Breadstick	Breaded Chicken Sandwich	Cheeseburger
PB&J Mini Tiger Paw Pak	PB&J Mini Tiger Paw Pak	PB&J Mini Tiger Paw Pak	PB&J Mini Tiger Paw Pak	PB&J Mini Tiger Paw Pak
1/2 cup Whole Kernel Corn	1/2 cup Mashed Potatoes	1 whole Baked Potato	1/2 cup Whole Kernel Corn	1/2 cup Tater Tots
1/2 cup Pinto Beans	1/2 cup Broccoli with Cheese	1/2 cup Seasoned Green Beans	1/2 cup Crunchy Veggie Bites	1/2 cup Crunchy Baby Carrots
1 1/8 cups Tossed Salad	1 1/8 cups Tossed Salad	1 1/8 cups Tossed Salad	1 1/8 cups Tossed Salad	1 1/8 cups Tossed Salad
1/2 cup Strawberry Applesauce	1/2 cup Fruit with Jello	1/2 cup Strawberries and Bananas	1 whole Apple 1/2 cup Frozen Fruit Cup	1/2 cup Strawberry Applesauce 1/2 cup Sliced Peaches
1/2 cup Orange Wedges	1 whole Apple	1 whole Banana		
1/2 pint Milk	1/2 pint Milk	1/2 pint Milk	1/2 pint Milk	1/2 pint Milk

Lettuce, Tomato, Onion and Pickle offered daily

Lunch Meal Pattern

- 1 oz. meat/meat alternate daily (9 oz. minimum per week)
- 1 oz. equivalent grain daily (8 oz. eq. minimum per week)
- 3/4 cup of vegetable daily (3 3/4 cups per week)
- 1/2 cup of vegetable daily (2 1/2 cups per week)
- 1 cup milk daily (5 cups per week)

- 4 oz. 100% Fruit Juice and
- 1/2 cup 100% Frozen Fruit Juice
- offered Tuesday and Thursday
- as a fruit choice

Milk Choices:

- 1/2 pint lowfat 1% white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

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HARDIN COUNTY MIDDLE SCHOOL MENUS

May 16 - 20, 2022

MONDAY - 16	TUESDAY - 17	WEDNESDAY - 18	THURSDAY - 19	FRIDAY - 20
Manager's Choice	Manager's Choice	Manager's Choice	Manager's Choice	Last Day of School Dismiss at 10 a.m.
				No Lunch Served
1/2 pint Milk	1/2 pint Milk	1/2 pint Milk	1/2 pint Milk	

Lettuce, Tomato, Onion and Pickle offered daily

Lunch Meal Pattern

- 1 oz. meat/meat alternate daily (9 oz. minimum per week)
- 1 oz. equivalent grain daily (8 oz. eq. minimum per week)
- 3/4 cup of vegetable daily (3 3/4 cups per week)
- 1/2 cup of vegetable daily (2 1/2 cups per week)
- 1 cup milk daily (5 cups per week)

- 4 oz. 100% Fruit Juice and
- 1/2 cup 100% Frozen Fruit Juice
- offered Tuesday and Thursday
- as a fruit choice

Milk Choices:

- 1/2 pint lowfat 1% white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

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