

BACK TO SCHOOL

HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU

August 2022

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday - 1	Tuesday - 2	Wednesday - 3	Thursday - 4	Friday - 5
Pop-Tart Cereal	Pop-Tart Cereal	Pop-Tart Cereal	Breakfast Sausage Pizza Cereal	Cinnamon Roll Cereal
Monday - 8	Tuesday - 9	Wednesday - 10	Thursday - 11	Friday - 12
Cinnamon Glazed French Toast Sticks Cereal	Sausage Biscuit Cereal	Mini Honeybun Popcorn Chicken Cereal	Pancake Dippers Cereal	Funnel Cake Waffle Cereal
Monday - 15	Tuesday - 16	Wednesday - 17	Thursday - 18	Friday - 19
Biscuit Gravy Cereal	Bacon, Egg, and Cheese on a Croissant Cereal	Cinnamon Toast Crunch Soft Filled Bar Cereal	Breakfast Flatbread Cereal	Lemon Bread Slice Cereal
Monday - 22	Tuesday - 23	Wednesday - 24	Thursday - 25	Friday - 26
Mini Bagels Cereal	Nutrigrain Bar or Chocolate Chip Mini Loaf Cereal	Eggo Mini Confetti Pancakes Cereal	Cocoa Puffs Soft Filled Bar Cereal	Biscuit Scrambled Egg Cereal

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

Breakfast Meal Pattern

1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)

1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met

1 cup Fruit daily (5 cups weekly)

1 cup Milk daily (5 cups per week)

Milk Choices:

1/2 pint lowfat (1%) white milk

1/2 pint fat free 0% white milk

1/2 pint fat free 0% chocolate milk

This institution is an equal opportunity provider.

