

Happy Thanksgiving

HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU

November 2022

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday – Oct. 31	Tuesday - 1	Wednesday - 2	Thursday - 3	Friday - 4
Biscuit Gravy Cereal	Bacon, Egg, and Cheese on a Croissant Cereal	Cinnamon Toast Crunch Soft Filled Bar Cereal	Blueberry Bash Mini Waffles Cereal	Banana Bread Slice Cereal
Monday - 7	Tuesday - 8	Wednesday - 9	Thursday - 10	Friday - 11
Mini Bagels Cereal	Cinnamon Rush Mini French Toast Cereal	Breakfast Sausage Pizza Cereal	Mini Cinnis Cereal	Biscuit Scrambled Egg Cereal
Monday - 14	Tuesday - 15	Wednesday - 16	Thursday - 17	Friday – 18
Triple Berry Mini French Toast Bites Cereal	Chocolate Crescent Cereal	Blueberry Muffin Popcorn Chicken Cereal	Glazed Donut Cereal	Chicken Biscuit Cereal

Thanksgiving Break November 21 – 25, 2022

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

Breakfast Meal Pattern

- 1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)
- 1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met
- 1 cup Fruit daily (5 cups weekly)
- 1 cup Milk daily (5 cups per week)

Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.

