



Happy Valentine's Day



HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU

February 2023

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday – Jan. 30	Tuesday – Jan. 31	Wednesday – 1	Thursday – 2	Friday – 3
Cinnamon Glazed French Toast Sticks Cereal	Sausage Biscuit Cereal	Chocolate Chip Muffin Popcorn Chicken Cereal	Pancake Dippers Cereal	Funnel Cake Waffle Cereal
Monday – 6	Tuesday - 7	Wednesday - 8	Thursday - 9	Friday - 10
Professional Development Day NO STUDENTS	Biscuit Gravy Cereal	Chicken Biscuit Cereal	Cinnamon Toast Crunch Soft Filled Bar Cereal	Blueberry Bash Mini Waffles Cereal
Monday - 13	Tuesday - 14	Wednesday - 15	Thursday - 16	Friday - 17
Mini Bagels Cereal	Cinnamon Rush Mini French Toast Cereal	Breakfast Sausage Pizza Cereal	Mini Cinnis Cereal	Biscuit Scrambled Egg Cereal
Monday - 20	Tuesday - 21	Wednesday - 22	Thursday - 23	Friday – 24
Presidents' Day NO SCHOOL	Chocolate Crescent Cereal	Blueberry Muffin Popcorn Chicken Cereal	Glazed Donut Cereal	Chicken Biscuit Cereal

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

Breakfast Meal Pattern

1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)

1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met

1 cup Fruit daily (5 cups weekly)

1 cup Milk daily (5 cups per week)

Milk Choices:

1/2 pint lowfat (1%) white milk

1/2 pint fat free 0% white milk

1/2 pint fat free 0% chocolate milk

1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.