



## HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU

May 2023

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday – 1	Tuesday – 2	Wednesday - 3	Thursday - 4	Friday - 5
Sausage Biscuit Cereal	Cinnamon Rush Mini French Toast Cereal	Breakfast Sausage Pizza Cereal	Scrambled Egg Biscuit Cereal	Mini Cinnis  Cereal
Monday - 8	Tuesday - 9	Wednesday - 10	Thursday – 11	Friday - 12
Triple Berry Mini French Toast Cereal	Chicken Biscuit Cereal	Blueberry Muffin Popcorn Chicken Cereal	Pop-Tart  Cereal	Pancake Dippers  Cereal
Monday - 15	Tuesday - 16	Wednesday - 17	Thursday - 18	Friday - 19
Biscuit Gravy Cereal	Cinnamon Toast Crunch Soft Filled Bar Cereal	Chocolate Chip Muffin Popcorn Chicken Cereal	Sausage, Egg, and Cheese Uncrustable Cereal	Cereal

**1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.**

Breakfast Meal Pattern

Milk Choices:

1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)

1/2 pint lowfat (1%) white milk

1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met

1/2 pint fat free 0% white milk

1 cup Fruit daily (5 cups weekly)

1/2 pint fat free 0% chocolate milk

1 cup Milk daily (5 cups per week)

1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.

