

# HARDIN COUNTY HIGH SCHOOL MENU

## Week 1

April 22, 2024	April 23, 2024	April 24, 2024	April 25, 2024	April 26, 2024
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Chicken Tenders	Vegetable Beef Soup	Pizza Casserole	Country Style Chicken w/ Peppered White Gravy	Chicken Casserole
Sister Schubert Roll	Cheese Toast	Sister Schubert Roll	Southern Style Biscuit	Sister Schubert Roll
Soft Shell Tortilla/ Mexican Rice	Tortilla Chips	Tortilla Chips	Tortilla Chips	
Chicken Fajita	Taco Meat	Pulled Pork BBQ	Taco Meat	Chicken Chili Crisпитos
Queso	Cheese Sauce	Cheese Sauce	Queso	
Hamburger	Cheeseburger	Hamburger	Cheeseburger	Cheeseburger
Breaded Chicken Sandwich	Breaded Steak Sandwich	Breaded Chicken Sandwich	Pulled Pork Barbecue Sandwich	Spicy Chicken Sandwich
Wild Mike's Cheesy Bread Stix w/ Marinara	Tony's 4X6 Cheese Pizza	The Max Stuffed Crust Cheese Pizza	Wild Mike's Cheese Pizza	Pizza Max Sticks w/Marinara
	Tony's Pepperoni Pizza	The Max Stuffed Crust Pepperoni Pizza	Wild Mike's Pepperoni Pizza	The Max Stuffed Crust Sausage Pizza
Straight Cut Fries	Seasoned Potato Wedges	Baked Potato	Ranch Potatoes	Mashed Potatoes w/ Brown Gravy
Broccoli w/ Cheese	Whole Kernel Corn	Baked Sweet Potato	Baked Beans	Green Peas
		Seasoned Green Beans	Creamy Coleslaw	
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Assorted Dressing	Assorted Dressing	Assorted Dressing	Assorted Dressing	Assorted Dressing
Grapes	Peach Slices	Mixed Fruit w/Jello	Strawberry Applesauce	Watermelon
Grilled Chicken Salad	Grilled Chicken Salad	Grilled Chicken Salad	Grilled Chicken Salad	Grilled Chicken Salad
Mini Tiger Paw Pack	Mini Tiger Paw Pack	Mini Tiger Paw Pack	Mini Tiger Paw Pack	Mini Tiger Paw Pack

Baby Carrots, Grape Tomatoes, Apples, Raisels, Oranges, Sidekicks, Frozen Fruit Cup and Banana offered most everyday.

### Lunch Meal Pattern

2 oz. meat/meat alternate daily (10 oz. minimum per week)  
 2 oz. equivalent grain daily (10 oz. eq. minimum per week)  
 1 cup of vegetable daily (5 cups per week)  
 1 cup of fruit daily (5 cups per week)  
 1 cup milk daily (5 cups per week)

4 oz. 100% Fruit Juice and  
 1/2 cup 100% Frozen Fruit Juice  
 Sidekick  
 offered everyday as a fruit choice

### Milk Choices:

1/2 pint lowfat 1% white milk  
 1/2 pint lowfat 1% chocolate milk  
 1/2 pint lowfat 0% Strawberry Milk

This institution is an equal opportunity provider

# HARDIN COUNTY HIGH SCHOOL MENU

## Week 2

April 29, 2024	April 30, 2024	May 1, 2024	May 2, 2024	May 3, 2024
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Chicken Tenders	Ravioli Casserole	Spaghetti with Meat Sauce	Macaroni And Cheese	Steak and Gravy
Sister Schubert Roll	Sister Schubert Roll	Sister Schubert Roll		Sister Schubert Roll
Flour Tortilla/ Mexican Rice	Tortilla Chips	Tortilla Chips	Tortilla Chips	Tortilla Chips
Chicken Fajita	Taco Meat	Pulled Pork BBQ	Taco Meat	Taco Meat
Queso	Cheese Sauce	Cheese Sauce	Queso	Cheese Sauce
Hamburger	Cheeseburger	Hamburger	Cheeseburger	Cheeseburger
Breaded Chicken Sandwich	Mini Corndogs	Breaded Chicken Sandwich	Pulled Pork Barbecue Sandwich	Spicy chicken Sandwich
Wild Mike's Cheesy Bread Stix w/ Marinara	Tony's 4X6 Cheese Pizza	The Max Stuffed Crust Cheese Pizza	Wild Mike's Cheese Pizza	Pizza Max Sticks w/Marinara
	Tony's Pepperoni Pizza	The Max Stuffed Crust Pepperoni Pizza	Wild Mike's Pepperoni Pizza	The Max Stuffed Crust Sausage Pizza
Straight Cut Fries	Whole Kernel Corn	Baked Potato	Seasoned Potato Wedges	Mashed Potatoes
Broccoli w/Cheese	Blackeyed Peas	Baked Sweet Potato	Baked Beans	Green Peas
		Green Beans	Creamy Coleslaw	
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Assorted Dressing	Assorted Dressing	Assorted Dressing	Assorted Dressing	Assorted Dressing
Grapes	Peach Slices	Mixed Fruit w/Jello	Pear Slices	Watermelon
Grilled Chicken Salad	Grilled Chicken Salad	Grilled Chicken Salad	Grilled Chicken Salad	Grilled Chicken Salad
Mini Tiger Paw Pack	Mini Tiger Paw Pack	Mini Tiger Paw Pack	Mini Tiger Paw Pack	Mini Tiger Paw Pack

Baby Carrots, Grape Tomatoes, Apples, Raisels, Oranges, Sidekicks, Frozen Fruit Cup and Banana offered most everyday.

### Lunch Meal Pattern

- 2 oz. meat/meat alternate daily (10 oz. minimum per week)
- 2 oz. equivalent grain daily (10 oz. eq. minimum per week)
- 1 cup of vegetables daily (5 cups per week)
- 1 cup of fruit daily (5 cups per week)
- 1 cup milk daily (5 cups per week)

### Milk Choices:

- 1/2 pint lowfat 1% white milk
- 1/2 pint lowfat 1% chocolate milk
- 1/2 pint fat free 0% strawberry milk

- 4 oz. 100% Fruit Juice and
- 1/2 cup 100% Frozen Fruit Juice
- Sidekick
- offered everyday as a fruit choice

This institution is an equal opportunity provider

# HARDIN COUNTY HIGH SCHOOL MENU

## Week 3

April 8, 2024	April 9, 2024	April 10, 2024	April 11, 2024	April 12, 2024
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Chicken Tenders	Mini Meatloaf	Pizza Casserole	Country Style Chicken w/ Peppered White Gravy	Chicken Casserole
Sister Schubert Roll	Sister Schubert Roll	Sister Schubert Roll	Southern Style Biscuit	Sister Schubert Roll
Soft Shell Tortilla/ Mexican Rice	Tortilla Chips	Tortilla Chips	Tortilla Chips	
Chicken Fajita	Taco Meat	Pulled Pork BBQ	Taco Meat	Chicken Chili Crisпитos
Queso	Cheese Sauce	Cheese Sauce	Queso	
Hamburger	Cheeseburger	Hamburger	Cheeseburger	Cheeseburger
Breaded Chicken Sandwich	Breaded Steak Sandwich	Breaded Chicken Sandwich	Pulled Pork Barbecue Sandwich	Spicy Chicken Sandwich
Wild Mike's Cheesy Bread Stix w/ Marinara	Tony's 4X6 Cheese Pizza	The Max Stuffed Crust Cheese Pizza	Wild Mike's Cheese Pizza	Pizza Max Sticks w/Marinara
	Tony's Pepperoni Pizza	The Max Stuffed Crust Pepperoni Pizza	Wild Mike's Pepperoni Pizza	The Max Stuffed Crust Sausage Pizza
Straight Cut Fries	Ranch Potatoes	Baked Potato	Seasoned Potato Wedge Fries	Mashed Potatoes w/ Brown Gravy
Broccoli w/ Cheese	Blackeyed Peas	Green Beans	Baked Beans	Whole Kernel Corn
		Baked Sweet Potato	Creamy Coleslaw	
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Assorted Dressing	Assorted Dressing	Assorted Dressing	Assorted Dressing	Assorted Dressing
Grapes	Peach Slices	Mixed Fruit w/Jello	Strawberry Applesauce	Watermelon
Grilled Chicken Salad	Grilled Chicken Salad	Grilled Chicken Salad	Grilled Chicken Salad	Grilled Chicken Salad
Mini Tiger Paw Pack	Mini Tiger Paw Pack	Mini Tiger Paw Pack	Mini Tiger Paw Pack	Mini Tiger Paw Pack
Baby Carrots, Grape Tomatoes, Apples, Raisels, Oranges, Sidekicks, Frozen Fruit Cup and Banana offered most everyday.				

### Lunch Meal Pattern

2 oz. meat/meat alternate daily (10 oz. minimum per week)  
 2 oz. equivalent grain daily (10 oz. eq. minimum per week)  
 1 cup of vegetable daily (5 cups per week)  
 1 cup of fruit daily (5 cups per week)  
 1 cup milk daily (5 cups per week)

4 oz. 100% Fruit Juice and  
 1/2 cup 100% Frozen Fruit Juice  
 Sidekick  
 offered everyday as a fruit choice

### Milk Choices:

1/2 pint lowfat 1% white milk  
 1/2 pint lowfat 1% chocolate milk  
 1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider

# HARDIN COUNTY HIGH SCHOOL MENU

## Week 4

April 15, 2024	April 16, 2024	April 17, 2024	April 18, 2024	April 19, 2024
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Chicken Tenders	Fish Strips/ 3 Cheese Macaroni Mania	Spaghetti w/Meatsauce	Oven Baked Breaded Chicken	Steak and Gravy
Sister Schubert Roll	Hushpuppies	Sister Schubert Roll	Southern Style Biscuit	Sister Schubert Roll
Flour Tortilla/ Mexican Rice	Tortilla Chips	Tortilla Chips	Tortilla Chips	Tortilla Chips
Chicken Fajita	Taco Meat	Pulled Pork BBQ	Taco Meat	Taco Meat
Queso	Cheese Sauce	Cheese Sauce	Queso	Cheese Sauce
Hamburger	Cheeseburger	Hamburger	Cheeseburger	Cheeseburger
Breaded Chicken Sandwich	Mini Corndogs	Breaded Chicken Sandwich	Pulled Pork Barbecue Sandwich	Spicy Chicken Sandwich
Wild Mike's Cheesy Bread Stix w/ Marinara	Tony's 4X6 Cheese Pizza	The Max Stuffed Crust Cheese Pizza	Wild Mike's Cheese Pizza	Pizza Max Sticks w/Marinara
	Tony's Pepperoni Pizza	The Max Stuffed Crust Pepperoni Pizza	Wild Mike's Pepperoni Pizza	The Max Stuffed Crust Sausage Pizza
Straight Cut Fries	Seasoned Curly Fries	Baked Potato	Roasted Ranch Potatoes	Mashed Potatoes w/Brown Gravy
Broccoli w/Cheese	White Beans	Baked Sweet Potato	Baked Beans	Green Peas
	Creamy Coleslaw	Green Beans	Creamy Coleslaw	
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Assorted Dressing	Assorted Dressing	Assorted Dressing	Assorted Dressing	Assorted Dressing
Grapes	Peach Slices	Mixed Fruit w/Jello	Pear Slices	Watermelon
Grilled Chicken Salad	Grilled Chicken Salad	Grilled Chicken Salad	Grilled Chicken Salad	Grilled Chicken Salad
Mini Tiger Paw Pack	Mini Tiger Paw Pack	Mini Tiger Paw Pack	Mini Tiger Paw Pack	Mini Tiger Paw Pack
Baby Carrots, Grape Tomatoes, Apples, Raisels, Oranges, Sidekicks, Frozen Fruit Cup and Banana offered most everyday.				

### Lunch Meal Pattern

- 2 oz. meat/meat alternate daily (10 oz. minimum per week)
- 2 oz. equivalent grain daily (10 oz. eq. minimum per week)
- 1 cup of vegetables daily (5 cups per week)
- 1 cup of fruit daily (5 cups per week)
- 1 cup milk daily (5 cups per week)

### Milk Choices:

- 1/2 pint lowfat 1% white milk
- 1/2 pint lowfat 1% chocolate milk
- 1/2 pint fat free 0% strawberry milk

- 4 oz. 100% Fruit Juice and
- 1/2 cup 100% Frozen Fruit Juice
- Sidekick
- offered everyday as a fruit choice

This institution is an equal opportunity provider